

Health and Senior Living

1 Health

2 Senior Living



1 Health

Medical care in Sevelen

General Medicine

Dr. med. Silke Henzen

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New patients welcome

Languages: German, English, French and Italian

[> More](#)

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New patients welcome

Languages: German, English, French and Italian

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Dentist

Dr. med. dent. Nikolaus Betean

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New patients welcome

Languages: German, English, French, Italian, Spanish, Romanian, Albanian

Regional doctors and specialists

The Werdenberg region and the neighbouring Principality of Liechtenstein are covered by an impressively high number of doctors, a density which easily matches that of any urban area. The following specialists live and work in the immediate vicinity:

- Gynaecologist
- Dermatologist
- Ophthalmic physician
- Urologists
- Paediatrician
- Psychiatrist/Psychoanalyst
- Neurologists
- Rheumatologists
- ENT doctor
- Orthopaedists

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Cantonal hospital in Grabs

The public hospital in Grabs is responsible for the broader health needs of the region, and has inpatient departments in internal medicine, surgery and gynaecology/obstetrics. The hospital provides diagnosis, treatment and care for inpatients and outpatients as well as operating a permanent accident and emergency facility. In addition, ancillary doctors covering the fields of urology, paediatrics, ophthalmology, ENT and orthopaedic surgery are affiliated with the hospital.

Spitalstrasse, 9472 Grabs

Phone +41 (0)81 772 51 11, Fax +41 (0)81 772 51 12

www.spitalgrabs.ch, info@spitalgrabs.ch

| Other hospitals | website | km | min |
|--|--|----|-----|
| Spital Grabs | www.spitalgrabs.ch | 8 | 12 |
| Kantonsspital St. Gallen | www.kssg.ch | 68 | 45 |
| Kinderspital St. Gallen | www.kispisg.ch | 68 | 45 |
| Kantonsspital Graubünden | www.spitaeler-chur.ch | 39 | 28 |
| Spital Walenstadt | www.spital-walenstadt.ch | 30 | 25 |
| Spital Altstätten | www.spital-altstaetten.ch | 31 | 25 |
| Rehaklinik Valens | www.klinik-valens.ch | 18 | 26 |
| Psychiatrie Pfäfers | www.psychiatrie-sued.ch | 20 | 30 |
| Spital Vaduz (FL) | www.spital.li | 4 | 6 |
| Landeskrankenhaus Feldkirch (A) | www.lkhf.at | 25 | 30 |

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Nursing home Gärbi and senior apartments in Sevelen

The nursing home is located in a central, quiet area. The home has twenty single rooms, a double room, and two 2-room apartments. For guests, or for those wishing to try out the home, there is a small additional room.

Sevelen is able to offer its senior citizens optimal space and quality of life in the nursing home and apartments.

The residential association Büelhof rents 24 modern 2 ½-room apartments with large balconies, situated in the middle of the village and right next to the nursing home. All apartments are accessible to wheelchairs and by lifts. A bath for invalids is available for use by all residents. If desired, meals can be taken in the nursing home. The Spitex support centre is in the same building.

Home meal service from the nursing home at Sevelen

People of all ages in need of special help or care, as well as pensioners (AHV and IV entitled), can receive a warm lunch delivered to their home daily between 11:30 and 12:30. > www.sevelen.ch

Spitex

Spitex is a Switzerland-wide, professional organisation providing care in the home. The Spitex in Sevelen provides skilled, comprehensive care and household services for all those in the village who need extra support. > www.spitex-sevelen.ch

General Medicine



Rural medical practice
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General Medical Practitioner FMH
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Grew up in the southern part (Baden-Württemberg) of Germany, studied medicine at the University Hospital in Saarland, Germany

| | |
|------------------|--|
| 2006 | General Medicine (FMH) |
| 2005 | Manual Medicine (D) |
| 2005/2006 | SHO in GP Practice Sevelen (CH) |
| 2004/2005 | SHO in Surgery Kreuzspital, Chur (CH) |
| 2003/2004 | SHO in Rehabilitation and Rheumatology Clinic St. Katharinental, Diessenhofen (CH) |
| 2001–2003 | SHO in Internal Medicine Regional Hospital Surselva, Ilanz (CH) |
| 2001 | JHO in Surgery Mid-West Ulster Hospital, Magherafelt (NI) |
| 2000/2001 | SHO in Psychiatry Psychiatric Clinic Beverin, Cazis (CH) |

General Medicine



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- 07/06** **Doctor's surgery for General Medicine, Sevelen, Switzerland**
 Medical specialist for General Medicine (FMH)(acquisition from Dr. med. G. Hölzl)
- 01/06–06/06** **Rehabilitationsklinik Adelheid, Unterägeri, Switzerland**
 Residency (Dr. med. R. Sutter)
- 2005** **Dissertation**
 Retrospective progress study of patella fractures, University Hospital Zurich
- 01/04–12/05** **Dept. of Internal Medicine, Zuger Kantonsspital, Switzerland**
 Residency (Prof. Dr. med. M. Vogt)
- 07/02–10/03** **Dept. of Gynaecology/Obstetrics, Spital Uster, Switzerland**
 Residency (Dr. med. F. Neuenschwander)
- 04/00–10/01** **Dept. of Surgery, Spital Uster, Switzerland**
 Residency (PD Dr. med. G. Melcher)
- 1999** **State examinations**
 University of Zurich, Switzerland
- 1997/1998** **Practical Academic Year Internship**
- Psychiatry, Littenheid (Dr. med. M. Binswanger)
 - ORL/HNO, University Hospital of Zurich (Prof. Dr. med. U. Fisch)
 - Ophthalmology, Kantonsspital St. Gallen (Prof. Dr. med. P. Speiser)
 - Internal Medicine, Kantonsspital Frauenfeld (Dr. med. B. Frauchiger)
 - Gynaecology/Obstetrics, Kantonsspital Frauenfeld (PD Dr. med. J. Eberhard)
 - Internal Medicine, Davos, TSH (Dr. med. B. Villiger)
 - Surgery/Orthopaedics, Spital Davos (Dr. med. P. Holzach)
 - Diagn. Radiology, University Hospital of Zurich (Prof. Dr. med. B. Marincek)